

Common Interventions in Childbirth

(this list is not exhaustive)*



Vaginal Exams

Sweeping the Membranes/Stripping the Membranes

Vital Signs: Blood Pressure Monitoring, Temperature, Oxygen Saturation

Fetal Heart Rate Monitoring

- Intermittent Fetal Monitoring
- Continuous External Fetal Monitoring
- Internal Fetal Monitoring

Contraction Monitoring

- External Tocodynamometer
- Intrauterine Pressure Catheter (IUPC)

IV/Saline Lock/Heparin Lock

IV Hydration/ IV Antibiotics

Induction agents:

- Cervidil
- Cytotec/Misoprostol
- Balloon Catheter (Cook Cervical Ripening balloon, Foley Balloon)
- Pitocin

Artificial Rupture of Membranes (Breaking the water/breaking the sac/Rupture the membranes)

Pitocin (for augmenting labor)

Catheter (with Epidural or to relieve full bladder)

Forceps

Ventouse/ Vacuum Extractor

Birth by Cesarean Section

Episiotomy

Fundal Massage

Perineal Sutures

Postpartum Hemorrhage medications (Pitocin, Methergine, Cytotec)

* Please see my article about deciding on interventions during labor, "In the Moment".
This list is intended as a reference point for basic research.